

# SAMPLE PARENTAL OPT-OUT FORM

[DATE]

[PRINCIPAL'S NAME]

[SCHOOL]

[MAILING ADDRESS]

[PRINCIPAL'S EMAIL ADDRESS]

Dear Principal \_\_\_\_\_,

I am writing to inform you that I do not consent to my child attending any classes, seminars, or other school activities that include instruction on [LIST TOPICS, SUCH AS SEX EDUCATION, FAMILY PLANNING, CRITICAL RACE THEORY, SEXUAL ORIENTATION, OR GENDER IDENTITY]. This includes listening to guest speakers, receiving or viewing printed or electronic materials, being administered a test, survey, or questionnaire, or receiving other instruction of any kind related to these topics.

*IF APPLICABLE, DEPENDING ON THE LAWS OF YOUR STATE:  
State law [IDENTIFY THE RELEVANT STATUTE] requires a school to provide parental notification before [LIST TOPICS] is taught and to dismiss a child from instruction on [LIST TOPICS] upon request of a parent or guardian.*

Nor do I consent to my child participating in any survey, questionnaire, analysis, or evaluation that asks or would reveal information about:

- (1) political affiliations or beliefs of the student or the student's parent;
- (2) mental or psychological problems of the student or the student's family;
- (3) sex behavior or attitudes;
- (4) illegal, anti-social, self-incriminating, or demeaning behavior;

- (5) critical appraisals of other individuals with whom respondents have close family relationships;
- (6) legally recognized privileged or analogous relationships, such as those of lawyers, physicians, and ministers;
- (7) religious practices, affiliations, or beliefs of the student or student's parent; or
- (8) income (other than that required by law to determine eligibility for participation in a program or for receiving financial assistance under such program).

The federal Protection of Pupil Rights Amendment (20 U.S.C. § 1232h) prohibits a school from requiring a student to participate in any survey, questionnaire, analysis, or evaluation involving these topics without the prior written consent of the parents.

Please confirm in writing that you have received this notification, that a copy has been placed in my child's permanent school file, and that a copy has been provided to each of my child's teachers, teacher's aides, and counselors.

Additionally, please inform me of the procedures the school will follow to ensure that my child is (1) excused from receiving any instruction on the topics identified above and given alternative instruction during the time that the objectionable topics are being taught, and (2) excused from participating in these surveys, questionnaires, and evaluations.

Sincerely,

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